

# January

2020

## Professional Development Opportunities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9 <a href="#"><u>CPR/First Aid</u></a>	10	11
12	13	14 <a href="#"><u>Powerful Interactions: Implementing Meaningful Interaction in Your Environments</u></a>	15 <a href="#"><u>Getting to 120 Minutes of Physical Activity—Part Two: Make it / Take it</u></a>	16 <a href="#"><u>Quality Beginnings</u></a>	17	18
19	20	21 <a href="#"><u>Introduction to Developmental Screening Tools</u></a>	22 <a href="#"><u>Entendiendo y Usando La Evaluación Socio-Emocional ASQ SE-2</u></a>	23	24	25
26	27	28 <a href="#"><u>Child Development, Health and Safety Basics</u></a> <a href="#"><u>Elementos Básicos de Desarrollo Infantil, Salud, y Seguridad</u></a>	29 <a href="#"><u>Stressed? Overwhelmed? Come Practice Critical Self Care &amp; Self-Compassion</u></a>	30	31	

# February

2020

## Professional Development Opportunities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	<a href="#">Nutrition and Physical Activity, Self Assessment in Child Care (NAP SACC)</a>	5	<a href="#">Nutrition and Physical Activity, Self Assessment in Child Care (NAP SACC)</a>	7	<a href="#">Reggio Training</a>
9	10	<a href="#">Suspension and Expulsion in Early Childhood Education Comienzos de Calidad</a>	<a href="#">CPR/First Aid</a>	<a href="#">Suspensión y Expulsión en Educación de Infancia Temprana</a>	14	15
16	17	18	19	<a href="#">Stress and It's Effects on Behavior</a>	21	<a href="#">Early Childhood Developmental Screening</a>
23	24	<a href="#">Think Before Acting</a>	<a href="#">Letting Go of the Sticker Chart: Why Reward Systems Don't Work</a>	27	28	29

# March

2020

## Professional Development Opportunities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 <a href="#"><u>Cooking With Children</u></a>	5	6	7
8	9	10 <a href="#"><u>Understanding and Planning for Continuous Quality Improvement</u></a>	11 <a href="#"><u>Medication Training</u></a>	12	13	14 <a href="#"><u>CPR/First Aid</u></a> <a href="#"><u>RCP/ Primeros Auxilios</u></a> <a href="#"><u>Program for Infant Toddler Care (PITC):</u></a>
15	16	17	18 <a href="#"><u>Lead in Water Workshop</u></a> <a href="#"><u>Taller de plomo en agua para proveedores de cuidado infantil de Illinois</u></a>	19 <a href="#"><u>Quality Beginnings</u></a>	20	21
22	23	24 <a href="#"><u>Having Hard Conversations</u></a>	25 <a href="#"><u>CPR/AED/ First Aid</u></a>	26	27	28
29	30	31 <a href="#"><u>Creating a Foundation for a Healthy Life Style</u></a>				

# January 2020 Professional Development Opportunities

## 1/9 CPR/FIRST AID

**Presenter:** Ed Atkins, Emergency Response

6:00pm—10:00pm

**Registration Fee:** \$65

This training will focus on CPR and choking rescue for adults, children, and infants. Treatment of bleeding, burns, shock, seizure, splinting and use of automated external defibrillators will also be covered. Participants will earn a 2-year certification.

**In Service Hours:** 4



**To Register:**

**\*\* Training Meets CCAP Requirements\*\***

**Hilton Garden Inn  
Addison**

551 N. Swift Rd.  
Addison, IL 60101

[Click Here](#)

(Programs serving CCAP  
use promo Code:  
CCAP20)

**Who Should Register:** All Early Childhood Educators  
**Level of Learning:** Introductory

## 1/14 Powerful Interactions: Implementing Meaningful Interaction in Your Environments

**Presenter:** Casey Craft, YWCA Infant Toddler Specialist & ITN Trainer

6:30pm—8:30pm

**Registration Fee:** \$25

The things you say and the things you do when you interact with children each day make a big difference in their lives. You can enhance children's learning and your effectiveness as a teacher if just some of your "everyday" interactions become intentional and purposeful. You will discover new ways to interact with children in a meaningful way, create language samples to take back into your environment and work with others while engaging in language activities that will expand the way you are interacting with children in your programs.

**In Service Hours:** 2



**To Register:**

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

**Grace United  
Methodist Church  
Room 231**

300 E. Gartner Rd.  
Naperville, 60540

[Click Here](#)

## 1/15 Getting to 120 minutes of Physical Activity – Part Two: **Make It / Take It**

**Presenter:** Barbara Taylor, FORWARD DuPage ~Early Childhood Technical Advisor

6:30pm—8:30pm

**Registration Fee:** \$25

Participants are guaranteed to **walk away with more than 100 inexpensive and easy to present physical activities** for young children. We'll explore beach balls, hoops, bean bags, paper, jump ropes, dice, noodles, tongue depressors, ball play and more. Bring your thinking cap, creative juices and your sneakers to this hands on, "experiential" workshop.

**In Service Hours:** 2



**To Register:**

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

**YWCA Patterson &  
McDaniel Family Center**

2055 Army Trail Rd.  
Suite 140  
Addison, 60101

[Click Here](#)

Reading skills are critical to success in school. With developmentally appropriate activities and materials, family child care homes and child care centers can help young children establish the foundation for a love of learning and reading. **A Community Engagement Specialist will come to your child care home or center and conduct an interactive literacy activity with the children. The visit consists of a story and extension activity.**

(Teacher participation may be required)

You will also have the opportunity to check out resource kits from the van to support your program's literacy, curriculum and activities. Our **YWCA Literacy Visits** include: Interactive story time, hands on activities to promote literacy skills, themed kits with books, games, imaginative play and manipulatives to check out material for teachers and professional development information

# January 2020 Professional Development Opportunities

## 1/16 Quality Beginnings

**Presenter:** Susan Stewart, YWCA Community Engagement Specialist

6:00pm—8:30pm

Registration Fee: \$25

Interested in starting a home child care business? Then this class is for you! A brief overview of all the aspects involved in operating a family child care home, including interviewing parents, marketing your services, setting up, record keeping and taxes, and more will be covered.

When you start a child care business, you will find that you need forms. A lot of forms. From schedules to contracts, from transportation agreements to getting to know you, and many more. Don't worry. We have gathered all of the forms you can think of and have put them onto a flash drive that you can purchase; and they are all editable.

- Add to your registration for only \$10
- Purchase the day of the training for \$15

**Targeted Audience** New Family Child Care Educators

**Level of Learning:** Introductory

**In Service Hours:** 2.5

**To Register:**

[Click Here](#)

YWCA Patterson &  
McDaniel Family Center  
2055 Army Trail Rd.  
Suite 140  
Addison, 60101

## 1/21 Introduction to Developmental Screening Tools

**Presenter:** Daisy Viyuoh, MSn & ITN Trainer

6:30pm—9:30pm

Registration Fee: \$10

The process of developmental screening in the early childhood setting is introduced to practitioners. A review of several commercial screening tools is discussed to provide child care practitioners options in monitoring a child's typical development.

**Targeted Audience:** All Early Childhood & Youth Professionals

**Level of Learning:** Introductory

**In Service Hours:** 3



**To Register:**

[Click Here](#)

YWCA Patterson &  
McDaniel Family Center  
2055 Army Trail Rd.  
Suite 140  
Addison, 60101

## 1/22 Entendiendo y Usando la Nueva Evaluación Socio-Emocional ASQ SE-2™



**Presenter:** Norma Duran, YWCA Bilingual Community Engagement Specialist

6:30pm—8:30pm

Costo de registraci3n:  
\$25

¿Están los niños en su programa en riesgo de dificultades sociales o emocionales? La identificaci3n temprana de los problemas socioemocionales es crucial, ya que cada vez m1s niños experimentan factores de riesgo socioemocionales de depresi3n, ansiedad y el comportamiento antisocial. Aprenda a usar los nuevos cuestionarios sobre Edades y Etapas®: Socio-Emocional, Segunda Edici3n (ASQ: SE-2™) para identificar comportamientos preocupantes en los niños pequeños e identificar cualquier necesidad de evaluaci3n adicional o monitoreo continuo.

**Qui3n se puede registrar:** Todos los Profesionales de Educaci3n Temprana que hablen Espaol

**Nivel de Aprendizaje :** Introductorio

**Horas en Servicio:** 2



**Para Registrarse:**

[Oprime Aqui](#)

St. Augustine College  
Room 211  
841 N Lake Street,  
Aurora, 60506

With the support of the Child and Adult Care Food Program (CACFP), eligible providers can receive monthly meal and snack reimbursements for serving nutritious meals daily.

For more information, please email: [tummyinfo@ywcachicago.org](mailto:tummyinfo@ywcachicago.org)



# Month / Year Professional Development Opportunities

## 1/28 Child Development, Health, and Safety Basics

**Presenter:** Don Gill, YWCA Health & Safety Specialist & ITN Trainer

6:00pm—10:00pm

**Registration Fee:** Free

This training will provide participants an overview of child development, health, and safety issues for children birth through early school-age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as handwashing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.

**In Service Hours:** 4



**To Register:**

[Click Here](#)

**\*\* Training Meets CCAP Requirements\*\***

**Targeted Audience:** All Early Childhood & Youth Professionals

**Level of Learning:** Introductory

**St. Augustine College  
Room 103**

841 N Lake Street,  
Aurora, 60506

## 1/28 Elementos Básicos de Desarrollo Infantil, Salud, y Seguridad

**Presenter:** Ana Sanchez, ITN Trainer

6:00pm—10:00pm

**Costo de registraci3n:**

Gratis

Esta capacitaci3n proporcionar3 a los participantes una visi3n general del desarrollo infantil, salud, y cuestiones de seguridad para los ni1os desde el nacimiento hasta la edad escolar temprana. El 3nfasis ser3 en la compresi3n de las pautas de desarrollo, 3reas de desarrollo, y el papel que juega la nutrici3n en el desarrollo. Adem3s, las cuestiones de salud y seguridad abarcar3n el apoyo al crecimiento sano de los ni1os – desde lo fundamental como el lavado de manos hasta pr3cticas m3s profundas que involucran procedimientos saludables y la prevenci3n de enfermedades. Los participantes aprender3n m3s sobre la planificaci3n/preparaci3n de emergencias y los primeros auxilios adem3s de identificar sugerencias para mantener un ambiente seguro de interior y/o al aire libre.

**Horas en Servicio:** 4



**Para Registrarse:**

[Oprime Aqui](#)

**\*\*Entrenamiento satisface los requisitos de CCAP\*\***

**Qui3n se puede registrar:** Todos los Profesionales de Educaci3n Temprana que hablen Espa1ol

**Nivel de Aprendizaje :** Introductorio

**St. Augustine College  
Room 104**

841 N Lake Street,  
Aurora, 60506

## 1/29 Stressed? Overwhelmed? Come Practice Critical Self Care & Self-Compassion

**Presenter:** Susan Mrazek, Early Childhood Mental Health Consultant

6:30pm—8:30pm

**Registration Fee:** \$25

In order to model and teach emotional regulation to children, caregivers first need to care for themselves. Do you feel unbalanced and/or overwhelmed by all the things you are juggling everyday? What could help to make you feel more regulated? This training guides you to exploring your own unmet needs and how to begin a journey towards meeting them. Participants will learn about the components of self-compassion, changing critical self-talk, and be able to practice some self-care techniques to help them feel more grounded.

**In Service Hours:**



**To Register:**

[Click Here](#)

**Targeted Audience:** All Early Childhood & Youth Professionals

**Level of Learning:** Introductory

**Metropolitan Family  
Services DuPage**

222 East Willow Ave.  
Wheaton, IL 60187

# February 2020 Professional Development Opportunities

## 2/4<sup>th</sup> & 6<sup>th</sup> Nutrition **A**nd **P**hysical Activity, **S**elf-**A**ssessment in **C**hild **C**are (**NAP SACC**)

**Presenter:** Barbara Taylor, FORWARD DuPage ~Early Childhood  
**Technical Advisor**

6:30pm—9:00pm  
(Both Days)

**Registration Fee:** \$25

The Nutrition and Physical Activity Self-Assessment in Child Care Assessment (NAP SACC) training is designed to increase child care providers' knowledge of the relationship between nutrition, physical activity and the development of healthy weight in children, and guidelines and strategies for overcoming barriers to organizational change.



**To Register:**

**Are you a interested in getting **FREE** individualized coaching, **FREE** on-site technical assistance and **FREE** materials for your program?** If so you are strongly encouraged to register for this NAP SACC training where more information with be shared with participants about the:

**In Service Hours:** 5

[Click Here](#)

### Healthy Child Care Project.....

FORWARD DuPage and the YWCA of Metropolitan Chicago, through a donation from DuPage Medical Group Charitable Fund of the DuPage Foundation, are pleased to offer DuPage County early childhood and family child care programs access to training, technical assistance and implementation grants to improve children's nutrition and physical activity outcomes.

**Targeted Audience:** All Early Childhood & Youth Professionals

**Level of Learning:** Introductory

### YWCA Patterson & McDaniel Family Center

2055 Army Trail Rd.  
Suite 140  
Addison, IL 60101

## 2/8 Reggio Training

**Presenter:** Kaye, Viecelli, YWCA Grant & Quality Specialist

8:30am—12:30pm

**Registration Fee:** \$25

Who is Loris Malaguzzi? Where is Reggio Emilia? What are loose parts? Explore this unique approach to early childhood and find ways to incorporate these practices into your curriculum no matter your philosophy.

**In Service Hours:** 4



**To Register:**

**Targeted Audience:** All Early Childhood & Youth Professionals

**Level of Learning:** Introductory

### YWCA Patterson & McDaniel Family Center

2055 Army Trail Rd.  
Suite 140  
Addison, IL 60101

[Click Here](#)

## 2/11 Suspension and Expulsion in Early Childhood Education

**Presenter:** Cheryl Hazek, YWCA Children's Mental Health Coordinator

6:30pm—9:00pm

**Registration Fee:** \$20

Suspension and expulsion in the field of early childhood is happening at an alarming rate. Current legislative efforts are being put in to place to ensure every child has the opportunity to participate in quality programs. During this training participants will review the history and causes of suspension and expulsion, how current legislation may affect their program, and best practices and resources to implement to ensure that children and families can remain in quality programs.

**In Service Hours:** 2.5



**To Register:**

**Targeted Audience:** All Early Childhood & Youth Professionals

**Level of Learning:** Introductory

### National Louis - Lisle Room 301

850 Warrenville Rd.  
Lisle, 60532

[Click Here](#)

# February 2020 Professional Development Opportunities

## 2/11 Comienzos de Calidad

**Presenter:** Norma Duran, YWCA Bilingual Community Engagement Specialist

6:00pm—8:30pm

**Costo de registraci3n:**

\$25

¿Está interesado en comenzar un negocio de calidad de cuidado de niños en la casa? ¡Entonces esta clase es para usted! Se revisará, en forma general, todos los aspectos envueltos en operar un negocio familiar de cuidado de niños, incluyendo entrevista con los padres, mercadeando sus servicios, manteniendo archivos e impuestos, y mucho más.

**Horas en Servicio:** 2.5

**Para Registrarse:**

[Oprime Aquí](#)

Cuando comienza un negocio de cuidado infantil, encontrará que necesita formas. Muchas formas. Desde horarios hasta contratos, desde acuerdos de transporte hasta "llegar a conocer", y muchas más. No se preocupe. Hemos reunido todos las formas que se necesitan y los hemos colocado en una memoria USB que puede comprar; y todas las formas son editables.

- **Agregue uno a su registraci3n de Comienzos de Calidad por solo \$10**
- **Comprarlo el día de la orientaci3n por \$15**

**Qui3n se puede registrar:** Todos los Profesionales de Educaci3n Temprana que hablen Espaol

**Nivel de Aprendizaje :** Introductorio

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Suite 140  
Addison, IL 60101

## 2/12 CPR/First Aid

**Presenter:** Ed Atkins, Emergency Response

6:00pm—10:00pm

**Registration Fee:** \$65

This training will focus on CPR and choking rescue for adults, children, and infants. Treatment of bleeding, burns, shock, seizure, splinting and use of automated external defibrillators will also be covered. Participants will earn a 2-year certification.

**In Service Hours:** 4



**To Register:**

**\*\* Training Meets CCAP Requirements\*\***

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**Hilton Garden Inn Addison**

551 N. Swift Rd.  
Addison, IL 60101

(Programs serving CCAP use promo Code: **CCAP20**)

[Click Here](#)

## 2/13 Suspensi3n y Expulsi3n en Educaci3n de Infancia Temprana

**Presenter:** Beatriz Leyva, YWCA Early Head Start Teacher Coach

6:30pm - 9:00pm

**Costo de registraci3n:**

\$20

La suspensi3n y expulsi3n est3 sucediendo a tasas alarmantes en la rama de infancia temprana. Con la finalidad de garantizar que cada ni3o tenga la oportunidad de participar en programas de calidad se est3n poniendo en pr3ctica esfuerzos legislativos actuales. En esta capacitaci3n los participantes comprender3n c3mo la actual legislaci3n puede afectar su programa, repasar3n la historia y las causas de suspensi3n y expulsi3n, as3 como las mejores pr3cticas y recursos a implementar para garantizar que los ni3os(as) y las familias permanezcan en programas de calidad.

**Horas en Servicio:** 2.5

**Para Registrarse:**

[Oprime Aquí](#)



**Qui3n se puede registrar:** Todos los Profesionales de Educaci3n Temprana que hablen Espaol

**Nivel de Aprendizaje :** Introductorio

**St. Augustine College**  
**Room 211**  
841 N Lake Street,  
Aurora, 60506



# February 2020 Professional Development Opportunities

## 2/20 Stress and its Effects on Behavior

**Presenter:** Susan Stewart, YWCA Provider Engagement Coordinator

6:30pm—9:00pm

**Registration Fee:** \$25

Stress affects every aspect of our life including our attention, thoughts, actions, emotions and overall health. The same is true for children. During this training, we will learn about how stress affects us by focusing on Maslow's Hierarchy of Needs and Executive Functioning. We will also learn about toxic stress, vicarious trauma and self-care techniques to help combat the stress in your life. Participants will leave this training with practical tools to help them deal with children's stress as well as their own.

**In Service Hours:** 2.5



**To Register:**

**National Louis - Lisle  
Room 301**  
850 Warrenville Rd.  
Lisle, 60532

[Click Here](#)

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

## 2/22 Early Childhood Developmental Screening

**Presenter:** Daisy Viyuoh, MSn & ITN Trainer

Time 8:30am—4:30pm

**Registration Fee:** \$15

This training reviews child growth and development in early childhood environments. A review of several commercial screening tools is discussed to allow child care practitioners more options on monitoring a child's typical development. Case studies provide hands-on learning for the participant on use of a developmental screening tool and guidelines for referral to an early intervention program.

**In Service Hours:** 7.5



**To Register:**

**Hilton Garden Inn  
Addison**  
551 N. Swift Rd.  
Addison, IL 60101

[Click Here](#)

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Intermediate

## 2/25 Think Before Acting: Enhancing and Fostering the Development of Executive Functioning in Children

**Presenter:** Joshua Cazar, YWCA Parent Educator

6:30pm - 8:30pm

**Registration Fee:** \$25

Executive functions are the cognitive skills we need to control and regulate our thoughts, emotions and actions in the face of conflict or distraction. Given that executive functions play a key role in children's development and their success into adulthood, this training focuses on finding ways to support the development of these skills in the early years.

**In Service Hours:** 2



**To Register:**

**St. Augustine College  
Room 103**  
841 N Lake Street,  
Aurora, 60506

[Click Here](#)

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

## 2/26 Letting Go of the Sticker Chart: Why Reward Systems Don't Work in Teaching Social-Emotional Skills

**Presenter:** Susan Mrazek, Early Childhood Mental Health Consultant

6:30pm—8:30pm

**Registration Fee:** \$25

This training focuses on the history and widespread use of reward systems in many environments with children. These systems exist for entire classrooms- such as "winning" cotton balls to put in a jar and earn a class reward- as well as for individual students- such as sticker charts for on-task behavior. Decades of research has revealed the ineffectiveness of reward systems in teaching social emotional skills as well as the detriment they do to intrinsic motivation. Participants will learn why this perspective has become so culturally ingrained as well as explore the fears around letting go of these systems. Alternative and more effective ways of structuring problem solving and skill building will be presented and practiced.

**In Service Hours:** 2



**To Register:**

**Metropolitan Family  
Services DuPage**  
222 East Willow Ave.  
Wheaton, IL 60187

[Click here](#)

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

# March 2020 Professional Development Opportunities

## 3/4 Cooking with Children

**Presenter:** *Barbara Taylor, FORWARD DuPage ~Early Childhood Technical Advisor*

6:30pm - 8:30pm

**Registration Fee:** \$25

Adding cooking projects to your weekly or monthly curriculum is one way to empower children to make healthier eating choices and at the same time develop a number of science, math, and language arts skills. During this workshop, participants will review the benefits and skill development of cooking projects, discuss how to involve children to maximize learning and walk away with a number of ideas and resources. You'll also walk away with a standard list of tools and equipment that make planning so much easier. Wash your hands, bring an apron and be prepared to "experience" new recipes you can share with children in your classrooms.

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

**In Service Hours:** 2

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Suite 140  
Addison, 60101



**To Register:**

[Click Here](#)

## 3/10 Understanding and Planning for Continuous Quality Improvement



**Presenter:** *Casey Craft, YWCA Infant Toddler Specialist & ITN Trainer*

6:30pm - 9:30pm

**Registration Fee:** \$10

One of the distinguishing characteristics of high-quality early childhood programs is their ability to adapt to change. This training will explore the concept of Continuous Quality Improvement (CQI) as an essential component of first-rate programs. Through discussion and group activities, participants will learn the key features of this leadership philosophy, the steps in the CQI process, and how to create a Continuous Quality Improvement Plan (CQIP) to guide change.

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

**In Service Hours:** 3

**Grace United Methodist Church Room 231**  
300 E. Gartner Rd.  
Naperville, 60540



**To Register:**

[Click Here](#)

## 3/11 Medication Training

**Presenter:** *Daisy Viyuoh, MSn & ITN Trainer*

6:30pm—8:30pm

**Registration Fee:** \$25

Knowing how to safely administer medication as a child care provider is essential for not only your own professional knowledge, but for your children's health. Attendees will leave with a better understanding of how to keep in line with the Illinois guideline in administering medication in any early care & education setting. Topics such as ways in which medicine is given, side effects, the proper way to receive, store, & administer medicine, and how to create & implement a medication administration policy will be covered.

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

**In Service Hours:** 2

**St. Augustine College Room 211**  
841 N Lake Street,  
Aurora, 60506



**To Register:**

[Click Here](#)

## 3/14 CPR/First Aid

**Presenter:** *Ed Atkins, Emergency Response*

8:30am—12:30pm

**Registration Fee:** \$65

This training will focus on CPR and choking rescue for adults, children, and infants. Treatment of bleeding, burns, shock, seizure, splinting and use of automated external defibrillators will also be covered. Participants will earn a 2-year certification.

**\*\* Training Meets CCAP Requirements\*\***

**Who Should Register:** All Early Childhood Educators  
**Level of Learning:** Introductory

**In Service Hours:** 4

**Hilton Garden Inn Addison**  
551 N. Swift Rd.  
Addison, IL 60101



**To Register:**

[Click Here](#)

(Programs serving CCAP use promo Code: **CCAP20**)

# March 2020 Professional Development Opportunities

## 3/14 RCP/Primeros Auxilios

**Presenter:** *Juan Carlos Cortes, RN, BSN /Emergency Response*

Este entrenamiento se enfocará en RCP y rescate de asfixia para adultos, niños e infantes. Tratamiento para sangrado, quemaduras, estado de choque, convulsiones, y el uso del desfibrilador externo automatizado también será cubierto

**\*\*Entrenamiento satisface los requisitos de CCAP\*\***

**Quién se puede registrar:** Todos los Profesionales de Educación Temprana que hablen Español

**Nivel de Aprendizaje :** Introdutorio

8:30am—12:30pm

**Horas en Servicio: 4**

**Hilton Garden Inn  
Addison**

551 N. Swift Rd.  
Addison, IL 60101

**Costo de registraci3n:**

\$65



**Para Registrarse:**

[Oprime Aquí](#)

(Los programas que sirven CCAP usan el código de promoci3n: CCAP20)

## 3/14 Program for Infant Toddler Care (PITC): *Module 1 ~ Social-Emotional Growth & Socialization*

### Gateways Infant Toddler Credential (ITC) Approved Training – HGD – 8 hours

**Presenter:** *Casey Craft, YWCA Infant Toddler Specialist & ITN Trainer*

Comprised of 4 Modules, the Program for Infant Toddler Care (PITC) is designed to help child care directors and infant/toddler care teachers become sensitive to infants' cues, connect with their family and culture, and develop responsive, relationship-based care. This training takes an in-depth look at cognitive and social-emotional development, encouraging growth within daily routines and tips on setting up appropriate environments for experienced infant and toddler professionals.

### Module 1: Social-Emotional Growth & Socialization

Social-Emotional Growth and Socialization explores topics on social-emotional development in the first three years, temperaments of children and caregivers, socialization, guidance and discipline, environments, and gaining an understanding of children's behavior. Training will begin with an overview of the basic concepts of early social-emotional growth and socialization and their application to the group care context. An emphasis is placed on the development of a nurturing relationship between the infant and caregiver. The overview addresses the importance of responsive caregiving, the individualization of care through an understanding of infant temperament, the critical role of family and culture in early identity development, exploring developmentally appropriate play strategies with ages of infancy, creating supportive physical environments, and stages of emotional development.

**Targeted Audience :** Directors & Infant Toddler Staff

**Level of Learning:** Intermediate

8:30am—3:00pm

**This is a hybrid training. Participants must complete the face to face session and online assessment to receive credit.**

**In Service Hours: 8**  
6 hours face to face  
2 hours online

ITC Competency Areas:  
HGD1, HGD3, HGD6

CDA: CDA3(4hrs),  
CDA8 (4 hrs)

**YWCA Patterson &  
McDaniel Family Center**

2055 Army Trail Rd.  
Suite 140  
Addison, 60101

**Registration Fee:**

FREE



**Lunch will be provided**

**To Register:**

[Click Here:](#)

## 3/18 Lead in Water Workshop for Illinois Child Care Providers

**Presenter:** *Donald Gill, YWCA Health & Safety Specialist & ITN Trainer*

This Lead in Water Workshop is designed to inform childcare providers on new Illinois' requirements regarding lead in water testing for certain childcare facilities. In this workshop, you will learn about the impact of lead exposure, how to test your water for lead, and how to create a mitigation plan.

**Targeted Audience:** All Early Childhood & Youth Professionals

**Level of Learning:** Introductory

6:30pm - 9:00pm

**In Service Hours: 2.5**

**St. Augustine College  
Room 103**

841 N Lake Street,  
Aurora, 60506

**Registration Fee:** \$20

**To Register:**

[Click Here](#)

# March 2020 Professional Development Opportunities

## 3/18 Taller de plomo en agua para proveedores de cuidado infantil de Illinois

**Presenter:** Norma Duran, YWCA Bilingual Community Engagement Specialist

6:30pm - 9:00pm

**Costo de registraci3n:**

\$20

Este taller sobre plomo en el agua est1 dise1ado para informar a los proveedores de cuidado infantil sobre los requisitos de Illinois con respecto a c3mo analizar el agua y planes de mitigaci3n si se encuentra plomo en el agua. En este taller, aprender1 sobre el impacto de la exposici3n al plomo, c3mo analizar el agua en busca de plomo y c3mo crear un plan de mitigaci3n.

**Horas en Servicio:** 2.5

**Para Registrarse:**

**Qui3n se puede registrar:** Todos los Profesionales de Educaci3n Temprana que hablen Espa1ol  
**Nivel de Aprendizaje :** Introdutorio

**St. Augustine College  
Room 104  
841 N Lake Street,  
Aurora, 60506**

[Oprime Aqu1](#)

## 3/19 Quality Beginnings

**Presenter:** Susan Stewart, YWCA Community Engagement Specialist

6:00pm—8:30pm

**Registration Fee:** \$25

Interested in starting a home child care business? Then this class is for you! A brief overview of all the aspects involved in operating a family child care home, including interviewing parents, marketing your services, setting up, record keeping and taxes, and more will be covered.

**In Service Hours:** 2.5

**To Register:**

When you start a child care business, you will find that you need forms. A lot of forms. From schedules to contracts, from transportation agreements to getting to know you, and many more. Don't worry. We have gathered all of the forms you can think of and have put them onto a flash drive that you can purchase; and they are all editable.

- **Add to your registration for only \$10**
- **Purchase the day of the training for \$15**

**Targeted Audience** New Family Child Care Educators  
**Level of Learning:** Introductory

**YWCA Patterson &  
McDaniel Family Center  
2055 Army Trail Rd.  
Suite 140  
Addison, 60101**



**YWCA IS ON A MISSION**

**NOW ENROLLING  
Early Head Start  
0-3 Years Old**

**High Quality Infant/Toddler Early Learning  
Aurora. Addison. Elgin. Melrose Park. Bellwood.**

Early Head Start programs provide no-cost learning and developmental services to low-income families with children from birth to 3 years old

**GIVE YOUR CHILD A HEAD START**

For more information, visit:

<https://ywcachicago.org/our-work/family-support-services/earlyheadstart/>

Or contact us at:

[earlyheadstart@ywcachicago.org](mailto:earlyheadstart@ywcachicago.org)

eliminating racism  
empowering women  
**ywca**  
metropolitan chicago



# March 2020 Professional Development Opportunities

## 3/24 Having Hard Conversations: Rely on Relationships, Be Uncomfortable, and Do It Anyway

**Presenter:** Susan Mrazek, *Early Childhood Mental Health Consultant*

6:30pm - 8:30pm

**Registration Fee:** \$25

This training discusses the strengths and challenges of having hard conversations. Administrators, educators, and parents are all critical adults in the early childhood environment who need to be able to confidently address challenging topics together. Participants will learn the different components of a challenging conversation and what skills are helpful to strengthen before entering one. They will gain practice in outlining their points, using assertive voice, setting a goal, validating others, and learning to question personal thoughts and assumptions. They will walk away with tools to use when going into a challenging conversation as well as ways to handle their own emotions when involved in talks that are uncomfortable and necessary.

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

**In Service Hours:** 2

**To Register:**

[Click Here](#)

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Suite 140  
Addison, 60101



## 3/26 CPR/AED/FIRST AID

**Presenter:** Vickie Onesti, *President CPR Training for LIFE, Inc*

6:00pm - 10:00pm

**Registration Fee:** \$65

This course is designed to prepare participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. It offers the basics of recognizing and administering first aid for the most common life-threatening emergencies. **All participants will receive:**

- 2-year American heart association certification card
- Emergency First Aid digital booklet
- CPR/first aid pocket reminder cards
- Rescue breath shield

**\*\* Meets New CCAP Training Requirements\*\***

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

**In Service Hours:** 4

**To Register:**

[Click Here](#)

**Hilton Garden Inn Addison**  
551 N. Swift Rd.  
Addison, IL 60101



## 3/31 Creating a Foundation for a Healthy Life Style

**Presenter:** Joshua Cazar, *YWCA Parent Educator*

6:30pm - 8:30pm

**Registration Fee:** \$25

As an Educator you can do one simple thing to give your children an advantage for life - teach them the importance of staying healthy and fit! This training is part of the Underwriter's Laboratories Safety Smart series. Guided by the instructional and entertaining video and supplemental learning activities, topics will focus on techniques to encourage healthy and smart practices that our children should adopt in their daily lives. Topics will include: illness prevention, dietary choices, exercise, teeth brushing and rest.

**Targeted Audience:** All Early Childhood & Youth Professionals  
**Level of Learning:** Introductory

**In Service Hours:** 2

**To Register:**

[Click Here](#)

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Suite 140  
Addison, 60101

