Minnesota Executive Function Screening*  
(MEFS)

YWCA Metropolitan Chicago offers the MEFS screening to measure a child’s executive function skills. This screening will help identify:

- Child’s executive function score based on national norms
- Intervention strategies to help build executive function skills
- Consultation to parents and educators/providers regarding how to support a child’s executive function skill development

Executive Functions (EF) skills are linked to a child’s success in school and overall success in life. EF skills develop in our brain and help develop our working memory, flexible thinking, and self-control. Executive functioning has been called the “air traffic control” system of our brains.

If you are interested in screening children in your program; contact:

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*MEFS was developed by Reflection Sciences
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