

Stopping the Stigma:

A Therapy Group for Male-Identified Survivors of Sexual Violence

YWCA Metropolitan Chicago will host an 8-week therapy group to address the specific barriers and challenges that male-identified* survivors face in the process of healing from sexual abuse/assault. Participants will:

- Process the impacts of sexual trauma specific to male-identified survivors
- Connect with other male-identified survivors in a safe, confidential space
- Explore how social stigma and shame affect male-identified survivors
- Develop coping and self-soothing techniques with other survivors

If you are interested in attending, contact:
Lindsey Koenig at 312.762.2731 or
Alex Champagne at 312.229.7251

Spots are limited. Please RSVP by April 7, 2017

All interested individuals must complete an intake.

WHEN:

Thursdays

6:30pm-8pm

8 weeks

April 27 - June 15

WHERE:

YWCA Metropolitan
Chicago

RISE Center

820 W. Jackson Blvd.

Suite 550

Chicago, IL 60607

COST: Free

**This group is open to any male-identified survivor, including transgender and cisgender men. Men of all sexual orientations are welcome.*