

## Playing Through Trauma

Participants will explore Play Therapy, the universal language of children, that allows counselors to understand and help traumatized children of all ages and cultural backgrounds, who may have difficulty expressing themselves meaningfully through words alone. Participants will learn Play Therapy techniques that can be utilized with victims of trauma in all stages of the therapy process.

Presenter Bio:

**Jennifer Pfaff, LCSW, RPT-S, Clinical Program Coordinator**

Jennifer is the Clinical Program Coordinator at the YWCA Metropolitan Chicago and provides programmatic oversight to the YWCA's suburban counseling services for victims of sexual assault. Ms. Pfaff is a registered play therapist with over 14 years of experience working with children, adolescents, and their families.